

# Pre-membership Course in Medical Homeopathy

A Modular Course in Homeopathic Medicine for Healthcare Professionals

Unit 62
Therapeutic Pointers

## Modelling Fibromyalgia - Discussion Notes



In this week's tutorial we have explored a working model for Fibromyalgia based on homeopathic principles.

#### **SUMMARY**

Fibromyalgia is a common clinical syndrome whose conventional disease model lacks definition. There are however commonly recognised symptoms which have provided the basis for this illness category in the absence of a clear causative model.

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3165132/

Homeopathically we recognise a number of common underlying predisposing factors:

**SENSITIVITY** (both sensorial and psychological)

**AVOIDANCE** (as a core strategy in both the pre-morbid condition and the active illness state) **SYMPTOM SUPPRESSION** with +/- Over-treatment (as the dominant avoidance strategy) **DYSREGULATION** (as a result of unresolved emotional suffering and conventional medication)

#### Core concept:

#### **Pach Deng**

'The Avoidance of Suffering Is Suffering'

#### **Other Writers & Commentators**

"The avoidance of suffering is a form of suffering. The avoidance of struggle is a struggle. The denial of failure is a failure. Hiding what is shameful is itself a form of shame."

Mark Manson, The Subtle Art of Not Giving a F\*ck:

A Counterintuitive Approach to Living a Good Life

https://medium.com/change-your-mind/the-avoidance-of-suffering-is-suffering-e5969f299579

#### Others

https://www.psychologytoday.com/us/blog/mindfully-present-fully-alive/202008/why-we-should-stop-running-pain

https://www.medicolegal-partners.com/2021/06/18/the-link-between-trauma-and-fibromyalgia/

## Modelling Fibromyalgia - Discussion Notes

## **Homeopathic Analysis - Rubrics:**

#### **CONCEPT - SENSITIVITY:**

MIND: Sensitive - Pain, to

MIND: Sensitive - cruelties, when hearing of

MIND: Sensitive - quarrels, to MIND: Fear - hurt, of being

MIND: Fear - injury - being injured; of

MIND: Fear - suffering, of

## CONCEPT - AVOIDANCE MENTAL:

MIND: Yielding disposition

MIND: Cowardice - opinion; without courage to express own opinion

## **CONCEPT - AVOIDANCE PHYSICAL: SYMPTOM SUPPRESSION**

GENERALS - Medicine - allopathic - abuse of GENERALS - Analgesics, from (GENERALS - Quinine, abuse of)

## CONCEPT - DYSREGULATION (features of dysharmony across systems)

GENERALS - PAIN - Body; all over,

GENERALS - CHANGE - symptoms; change of

**GENERALS** - Contradictory and alternating states

GENERALS - Metastasis (not the oncological meaning of the word)

Searches should then be filtered to exclude Mineral remedies (with the possible exception of magnesium salts)

# **'ACUTE' MIASM**





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2. GENERALS - ANALGESICS; from	(5) 1	_	1	_	_	_	_	_	_	_	_	-
3. GENERALS - MEDICINE - allopathic - abuse of	(30) 1	-	-	-	-	-	-	1	-	-	_	-
4. GENERALS - QUININE, abuse of	(66) 1	3	2	-	-	-	2	_	-	_	-	-
5. MIND - COWARDICE - opinion; without courage to express o	wn (5) 1	_	_	_	_	_	_	_	_	7 <u>-</u>	_	_
6. MIND - DELUSIONS - body - brittle, is	(11) 1	_	_	_	1	_	_	_	_	_	_	-
7. MIND - INSECURITY; mental	(47) 1	-	_	-	-	-	-	_	1	_	-	1
8. MIND - FEAR - hurt, of being	(13) 1	2	_	_	_	_	_	_	_	_	_	-
9. MIND - FEAR - injury - others; of injuring - himself; for fear of	b (1) 1	_	-	_	_	-	_	_	_	_	_	-
10. MIND - SENSITIVE - pain, to	(52) 1	2	2	4	1	-	1	_	-	2	-	-
<ol> <li>MIND - SENSITIVE - cruelties, when hearing of</li> </ol>	(10) 1	-	-	-	-	_	-	-	-	-	-	_
12. MIND - FEAR - suffering, of	(30) 1	-	_	1	1	_	_	_	-	-	_	-
13. MIND - YIELDING disposition	(70) 1	_	-	-	-	-	-	_	-	-	-	-
14. MIND - SENSITIVE - quarrels; to	(7) 1	_	-	-	-	_	-	_	-	_	-	-
<ol> <li>MIND - AILMENTS FROM - scorned; being</li> </ol>	(32) 1	-	1	1	-	-	1	-	-	-	-	-
16. GENERALS - METASTASIS	(81) 1	1	1	_	1	2	_	_	_	_	1	-
17. GENERALS - CONTRADICTORY and alternating states	(39) 1	1	1	-	-	1	-	1	1	-	_	-
18. GENERALS - CHANGE - symptoms; change of - constant	(30) 1	_	1	_	_	1	-	-	_	_	_	-
a 19. KINGDOMS - PLANTS Cronquist (with all subrubrics)	(875) 1	1	1	1	1	1	1	1	1	1	1	1
a 20. KINGDOMS - PLANTS other families (with all subrubrics)	(773) 1	1	1	1	1	1	1	1	1	1	1	1

# **'TYPHOID MIASM'**

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3. GENERALS - MEDICINE - allopathic - abuse of	(30) 1	3	1	1	1	
4. GENERALS - QUININE, abuse of	(66) 1	1	1	1	3	- :
5. MIND - COWARDICE - opinion; without courage to express ow	/n (5) 1	_	_	_	_	_
6. MIND - DELUSIONS - body - brittle, is	(11) 1	1	_	_	_	_
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14. MIND - SENSITIVE - quarrels; to	(7) 1	-	_	_	_	_
15. MIND - AILMENTS FROM - scorned; being	(32) 1	3	3	3	-	1
16. GENERALS - METASTASIS	(81) 1	2	1	·-	2	1
17. GENERALS - CONTRADICTORY and alternating states	(39) 1	_	1	_	_	1
18. GENERALS - CHANGE - symptoms; change of - constant	(30) 1	_	_	_	_	1
a 19. KINGDOMS - PLANTS Cronquist (with all subrubrics)	(875) 1	1	1	1	1	1
a 20. KINGDOMS - PLANTS other families (with all subrubrics)	(773) 1	1	1	1	1	1

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2. GENERALS - ANALGESICS; from (5) 1	-	_	_	_	_	_	_	_	_	_	_	_
3. GENERALS - MEDICINE - allopathic - abuse of (30) 1	1	-	1	-	-	_	-	_	_	-	_	_
4. GENERALS - QUININE, abuse of (66) 1	1	-	1	-	-	2	-	1	1	-	_	_
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10. MIND - SENSITIVE - pain, to (52) 1	1	-	-	1	-	-	-	-	-	-	-	-
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12. MIND - FEAR - suffering, of (30) 1	-	-	_	-	1	-	-	-	1	-	-	_
13. MIND - YIELDING disposition (70) 1	-	-	-	-	-	-	1	-	-	-	-	
14. MIND - SENSITIVE - quarrels; to (7) 1	-	-	-	-	-	-	-	-	-	-	-	-
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16. GENERALS - METASTASIS (81) 1	-	2	_	1	-	-	-	-	-	-	2	-
17. GENERALS - CONTRADICTORY and alternating states (39) 1	1	-	_	-	_	_	-	-	-	-	-	
18. GENERALS - CHANGE - symptoms; change of - constant (30) 1	_	1	-	-	-	-	-	-	-	2	-	_
a 19. KINGDOMS - PLANTS Cronquist (with all subrubrics) (875) 1	1	1	1	1	1	1	1	1	1	1	1	1
a 20. KINGDOMS - PLANTS other families (with all subrubrics) (773) 1	1	1	1	1	1	1	1	1	1	1	1	1

# **'SYCOTIC MIASM'**



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4. GENERALS - QUININE, abuse of	(66) 1	3	_	_	_	1
5. MIND - COWARDICE - opinion; without courage to express of	wn (5) 1	-	_	_	_	_
<ol><li>MIND - DELUSIONS - body - brittle, is</li></ol>	(11) 1	_	2	_	_	_
7. MIND - INSECURITY; mental	(47) 1	_	_		-	-
8. MIND - FEAR - hurt, of being	(13) 1	-	_	-	-	-
<ol><li>MIND - FEAR - injury - others; of injuring - himself; for fear of</li></ol>	b (1) 1	-	-	-	-	-
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<ol> <li>MIND - SENSITIVE - cruelties, when hearing of</li> </ol>	(10) 1	-	-	-	-	-
12. MIND - FEAR - suffering, of	(30) 1	-	-	-	1	· -
13. MIND - YIELDING disposition	(70) 1	3	3	2	1	-
14. MIND - SENSITIVE - quarrels; to	(7) 1	_	_	-	-	-
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16. GENERALS - METASTASIS	(81) 1	2	_	1	1	1
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a 19. KINGDOMS - PLANTS Cronquist (with all subrubrics)	(875) 1	1	1	1	1	1
a 20. KINGDOMS - PLANTS other families (with all subrubrics)	(773) 1	1	1	1	1	1

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2. GENERALS - ANALGESICS; from	(5) 1	_	_	_	_	_
3. GENERALS - MEDICINE - allopathic - abuse of	(30) 1	1	_	_	_	_
4. GENERALS - QUININE, abuse of	(66) 1	_	_	_	_	-
5. MIND - COWARDICE - opinion; without courage to express of	own (5) 1	_	_	_	_	_
6. MIND - DELUSIONS - body - brittle, is	(11) 1	_	-	-	-	-
7. MIND - INSECURITY; mental	(47) 1	_	_	_	_	_
8. MIND - FEAR - hurt, of being	(13) 1	_	-	-	_	_
<ol><li>MIND - FEAR - injury - others; of injuring - himself; for fear of</li></ol>	b (1) 1	-	-		-	-
10. MIND - SENSITIVE - pain, to	(52) 1	4	1	_	-	-
<ol> <li>MIND - SENSITIVE - cruelties, when hearing of</li> </ol>	(10) 1	_	_	_	_	_
12. MIND - FEAR - suffering, of	(30) 1	1	-	-	_	-
13. MIND - YIELDING disposition	(70) 1	1	-	-	-	-
14. MIND - SENSITIVE - quarrels; to	(7) 1	_	_	_	_	_
<ol> <li>MIND - AILMENTS FROM - scorned; being</li> </ol>	(32) 1	1	_	-	_	-
16. GENERALS - METASTASIS	(81) 1	-	2	3	1	1
<ol> <li>GENERALS - CONTRADICTORY and alternating states</li> </ol>	(39) 1	_	1	2	_	-
<ol><li>GENERALS - CHANGE - symptoms; change of - constant</li></ol>	(30) 1	_	1	_	_	_
a 19. KINGDOMS - PLANTS Cronquist (with all subrubrics)	(875) 1	1	1	1	1	1
a 20. KINGDOMS - PLANTS other families (with all subrubrics)	(773) 1	1	1	1	-	1
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2. GENERALS - ANALGESICS; from	(5) 1	_	_	_	_	_	_	_	_	_
3. GENERALS - MEDICINE - allopathic - abuse of	(30) 1	_	_	1	_	_	_	_	_	-
4. GENERALS - QUININE, abuse of	(66) 1	_	-	-	-	-	_	_	-	-
5. MIND - COWARDICE - opinion; without courage to express ov	vn (5) 1			_	_	_	_	_	_	_
6. MIND - DELUSIONS - body - brittle, is			_	_		_			_	
7. MIND - INSECURITY; mental	_	_	_	_	_	_	_	_	_	
8. MIND - FEAR - hurt, of being	_	_	_	_	_	_	_	_	_	
9. MIND - FEAR - injury - others; of injuring - himself; for fear of b	_	_	_	_	_	_	_	_	_	
10. MIND - SENSITIVE - pain, to	1	1	1	1	1	1	1	1	2	
11. MIND - SENSITIVE - cruelties, when hearing of	_	-	_	_	_	_	_	_	-	
12. MIND - FEAR - suffering, of	(30) 1	_	-	_	_	_	_	_	_	1
13. MIND - YIELDING disposition	(70) 1	_	-	_	_	_	_	_	-	2
14. MIND - SENSITIVE - quarrels; to	(7) 1	_	-	-	_	-	_	-	-	_
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17. GENERALS - CONTRADICTORY and alternating states	(39) 1	H-	-	_	_	-	_	_	_	1
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# **ESSENCE**

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6. GENERA	LS - QUININE, abuse of			(66) 1	2	1	_	1	3	-	3 1	2	2	3	2	1	1	_	3	3	2	3	2	2	
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